List of boxes, cases, figures and tables

PART 2: Child and adolescent health - leave no one behind

Boxes		
Вох 1	Advocating for children's right to basic health-care services	
Box 2	Mortality trends and causes of death in older children and adolescents	
Вох 3	Closing the gaps in neonatal care	
Box 4	Adolescent health – a second chance in the second decade	
Вох 5	Why focus on the first 1,000 days?	
Вох 6	Key components of nurturing care	
Вох 7	Role of health, education and social sectors in promoting nurturing care	73
Box 8	Common characteristics and needs of children with LTHCs	95
Вох 9	Definition of long term health condition	
Box 10	Attention deficit and hyperactivity and autistic spectrum disorders in childhood	97
Box 11	To what extent are the prevalent long term health conditions in South Africa preventable?	98
Box 12	The role of the workforce	138
Box 13	Children are not little adults	161
Box 14	Endocrine-disrupting chemicals (EDCs) exposure in South Africa: An emerging issue of concern	168
Box 15	The right-to-comprehend chemical information	168
Box 16	UNICEF recommendations for climate resilient water for South Africa	173
Box 17	The role of environmental health practitioners in South Africa	179
Box 18	Citizen Science – A global movement for public participation	179
Box 19	The systems ingredients for a child-centred district health system	193
Box 20	Core competency framework for a child- and family-centred health workforce	210
Cases		
Case 1	The South African 24-hour movement guidelines for birth to five years	68
Case 2	Catalysing community health workers	76
Case 3	Postnatal clubs	77
Case 4	The Side-by-Side campaign	78
Case 5	The Gauteng Early Child Intervention Initiative	103
Case 6	The advanced clinical nurse as a coordinator of complex long term care	
Case 7	The essentials of palliative care	105
Case 8	SIAS	109
Case 9	Investigating cause of death – unintentional or intentional injury?	115
Case 10	Walking Bus initiative	
Case 11	Safe Travel to School Programme	
Case 12	Creating Safer Communities through Urban Upgrading	
Case 13		125
Case 14	Parenting for Lifelong Health	
Case 15	Corporal punishment in the home "unconstitutional"	
Case 16	The Perinatal Mental Health Project	
Case 17	Flourish – Grow Great	
Case 18	Helping Adolescents Thrive	
Case 19	Enforcing Regulation 991 to remove commercial pressures from the infant feeding arena	
Case 20	Challenges in using the Child Support Grant to meet children's nutritional needs	
Case 21	Levelling the obesogenic playing field: The case for the sugary drink tax	
Case 21 Case 22	The interdependency between children's best interests and right to a healthy environment	
Case 22 Case 23	Using audits to improve access to sanitation in Gauteng's public schools	
Case 23 Case 24	Children's climate power – "We are fighting for our lives"	
Case 25	RX Radio child/young reporters experience in contributing to the improvement of health care delivery	
	at the Red Cross War Memorial Children's Hospital	
Case 26	Child-centred infrastructure: Dr Malizo Mpehle memorial district hospital, OR Tambo district, Eastern Cape	
Case 27	Idiosyncrasies in the delivery of the integrated management of childhood illness	189

Case 28	Uganda's national plan for improving child well-being	190
Case 29	The Health Extension Programme of Ethiopia	191
Case 30	Limpopo Maternal Care: Addressing neonatal mortality through respectful maternal care	
Case 31	Linking children with severe acute malnutrition to community health workers: The Stanger experience	196
Case 32	A rights-based, intersectoral intervention to support pregnant learners and teen mothers	
Case 33	Operation Sukuma Sakhe	201
Case 34	Malamulele Onward Carer-2-Carer Training Programme	205
Case 35	KwaZulu-Natal paediatric outreach programme	208
Figures		
Figure 1	Early investment in child and adolescent health drives development across the life course	
Figure 2	Children's rights to health and health-care services are interdependent and indivisible	
Figure 3	Trends in age-specific mortality rates for children under-five, 1997 – 2012	
Figure 4	Children in sub-Saharan Africa face higher risks of dying before their fifth birthday	
Figure 5	Trends in under-five mortality rates, by province, 1997 – 2012	
Figure 6	Causes of death in children under-five in South Africa, 2000 & 2012	
Figure 7	Cause specific deaths rates in young children, under-five, 1997 – 2012	
Figure 8	Estimate of the probability of a five-year-old dying before age 15, males and females, 2000 – 2016	
Figure 9	Leading causes of death in older children and adolescents, 2012	
Figure 10	Tracking improvements in coverage of essential health interventions across the continuum of care	
Figure 11	Immunisation coverage under one year, by local municipality, sub-district, 2017/18	
Figure 12	Type of facility used when children are ill, by household income quintile, 2018	
Figure 13	South African Index of Multiple Deprivation for Children, at municipality level, 2011	
Figure 14	Children's living conditions, care arrangements and access to services, by income quintile, 2018	
Figure 15	Children living below the upper-bound poverty line, by race, 2003 & 2018	54
Figure 16	Opportunities to promote child and adolescent health	55
Figure 17	The Sustainable Development Goals – Driving an integrated approach to development	56
Figure 18	The five components of nurturing care	56
Figure 19	Survive. Thrive. Transform. Redefining the global strategy for child and adolescent health	
Figure 20	Adolescent country tracker	59
Figure 21	Health and development: A complex interplay between biology and environment	
Figure 22	Life Course and Health Development Model	65
Figure 23	The intergenerational impact of smoking	66
Figure 24	Intervention strategies across the life course	67
Figure 25	South African 24-hour movement guidelines: Infancy and early childhood	68
Figure 26	The five components of nurturing care	73
Figure 27	The five pillars of the Road to Health Book	78
Figure 28	Addressing the social determinants of adolescent health	87
Figure 29	Ideal Clinic checklist for adolescent and youth-friendly services	89
Figure 30	Individual and combined effects of cash, care and safe schools on adolescent development	90
Figure 31	DREAMS: Elements of the core package	91
Figure 32	The International Classification of Functioning (ICF) Framework	99
Figure 33	Care pathways for children with long term health conditions	101
Figure 34	Health services for children with long term health conditions	102
Figure 35	Summary of the laws and policies that should guide care for children with LTHCs and their families	
Figure 36	Common cross-cutting risks for child injury and violence	
Figure 37	Rondawel of support	
Figure 38	The global burden of mental health conditions across the life course	
Figure 39	Risk factors for mental health conditions across the life course	
Figure 40	The cycle of poverty and mental ill health	
Figure 41	The public health pyramid	
Figure 42	Leaving the pyramid	
Figure 43	Intervening at strategic points across the life course to disrupt the cascade of poor mental health	

Figure 44	Causes of under-five mortality in South Africa, 2015	145
Figure 45	Percentage of children under five years who are stunted, by province, 2016	
Figure 46	The food system	
Figure 47	Interventions for optimum nutrition over the life course	
Figure 48	Environmental exposures and risk factors impacting children's health	162
Figure 49	Effects of environmental hazards at different life stages and windows of vulnerability	163
Figure 50	WHO Global statistics on the impact of air pollution on children	165
Figure 51	Main sources of drinking water in rural and urban areas, 2017	170
Figure 52	Main sources of drinking water across the wealth quintiles, 2017	171
Figure 53	Interventions to reduce children's environmental health exposures and risks	175
Figure 54	Reducing harmful environmental exposures by achieving the SDGs	176
Figure 55	Framework for people-centred health systems strengthening	185
Figure 56	The intangible software	185
Figure 57	Standards for improving quality of care for children and young adolescents in health facilities	186
Figure 58	Teams and networks of care and support for child health at district level	192
Figure 59	Child- and family-friendly health workforce: Clinical care, support and supervision	209
Tables		
Table 1	Child mortality indicators, rapid mortality surveillance, 2012 – 2017	38
Table 2	Indicators of children's nutritional status, 2005 & 2016	43
Table 3	Incidence, prevalence, treatment and prevention of HIV	44
Table 4	Obesity, tobacco use and binge drinking, youth 15 – 24, 2003 & 2016	49
Table 5	Condom use and early sexual debut, youth 15 – 24, 2008 & 2017	49
Table 6	Social and environmental determinants of child health, 2008 & 2018	52
Table 7	Status of young children and threats to optimal early childhood development	74
Table 8	Support and services for ECD	75
Table 9	Adolescent health and well-being data tracker on Sustainable Development Goals (SDGs) for South Africa	83
Table 10	An adolescent health lens on national policies and guidelines	85
Table 11	A classification of long term health conditions in childhood	96
Table 12	Principles for delivering routine long-term care for children	100
Table 13	Gaps and recommendations	111
Table 14	Causes of child injury deaths, by age, 2009	116
Table 15	ChildSafe injury surveillance, 2015 – 2018	117
Table 16	Primary settings and main types of injuries at different stages of development	118
Table 17	Risk and protective factors for burns	120
Table 18	Risk and protective factors for road traffic injuries	121
Table 19	Risk and protective factors for violence and abuse	122
Table 20	Injury prevention strategies and modifiable factors by ecological context	123
Table 21	Key risk and protective factors in childhood and adolescence	134
Table 22	Priorities for investment in mental health in South Africa	139
Table 23	Indicators of children's anthropometric and micronutrient status: 1999 – 2016	146
Table 24	Policies and programmes that have the potential to improve child nutrition	149
Table 25	A framework of policies and actions to promote a healthy diet and address overnutrition	157
Table 26	The impact of environmental exposures on children's health, by disease	
Table 27	Multiple pesticide exposure risks for South Africa's children	167
Table 28	Examples of South African children's exposure and vulnerability to climate change impacts	172
Table 29	Sustainable Development Goals promoting children's environmental health	175
Table 30	Summary of key legislation and policies linked to the four key environmental hazards	
Table 31	Sample indicators for monitoring risk-reduction interventions	
Table 32	Roles, responsibilities and actions required to provide child-centred care at district level	
Table 33	Core competencies for a child- and family-centred workforce	

Part 3: Children Count - The Numbers

Demograp	ohy of South Africa's children	
Figure 1a:	Children living with their biological parents, by province, 2018	
Figure 1b:	Children living in South Africa, by orphanhood status, 2018	218
Figure 1c:	Number and percentage of orphans, by province, 2018	
Figure 1d:	Children living in child-only households, by province, 2002 & 2018	
Table 1a:	Distribution of households, adults and children in South Africa, by province, 2018	216
	overty, unemployment and grants	
Figure 2a:	Children living in income poverty, by province, 2003 & 2018	
Figure 2b:	Children living in households without an employed adult, by province, 2003 & 2018	
Figure 2c:	Children receiving the Child Support Grant, 1998 – 2019	
Figure 2d:	Children receiving the Foster Child Grant, 1998 – 2019	
Table 2a:	Children receiving the Child Support Grant, by province and age group, 2019	223
Table 2b:	Children receiving the Foster Child Grant, by province, 2012 & 2019	
Table 2c:	Children receiving the Care Dependency Grant, by province, 2019	226
Child heal		
Figure 3a:	Children living far from their health facility, by province, 2002 & 2018	
Figure 3b:	Annual childbearing rates among young women aged 15 – 24 years, by province, 2009 & 2018	
Figure 3c:	Childbearing rates among young women aged 15 – 24 years, by age group, 2018	
Figure 3d:	Immunisation coverage of infants young than one year, by province, 2017/18	
Table 3a:	Child mortality indicators, rapid mortality surveillance, 2012 – 2017	228
Child nutr		
Figure 4a:	Children living in households with reported child hunger, by province, 2002 & 2018	
Figure 4b:	Stunting, wasting and underweight in children under five years, 2016	
Figure 4c:	Children under five years who are overweight or obese, 2016	
Figure 4d:	Children over five years who are overweight or obese, 2017	
Figure 4e:	Anaemia in children under five years, 2016	238
Children's	access to education	
Figure 5a:	School-age children (7 – 17-year-olds) attending an educational institution, by province, 2002 & 2018	
Figure 5b:	Reported attendance at an educational institution, by age and sex, 2018	
Figure 5c:	Children aged 5 – 6 years attending school or ECD facility, by province, 2002 & 2018	
Figure 5d: Figure 5e:	School-aged children living far from school, by province, 2018	
Figure 5f:	Children aged 16 – 17 years who passed grade 9, by province, 2002 & 2018	
Figure 5g:	Youth aged 15 – 24 years not in employment, education or training (NEETs), by province, 2002 & 2018	
Children's	access to housing	
Figure 6a:	Children living in urban areas, by province, 2002 & 2018	248
Figure 6b:	Children living in formal, informal and traditional housing, by province, 2018	249
Figure 6c:	Children living in overcrowded households, by province, 2002 & 2018	
Children's	access to services	
Figure 7a:	Children living in households with water on site, by province, 2002 & 2018	
Figure 7b:	Children living in households with basic sanitation, by province, 2002 & 2018	253